

CV 2020



Dr. Farhad Hemmati

Sport Medicine Specialist

Date of Birth: 01/03/1971

Languages: Persian, English

Marital Status: Married, 2 Children

Email: Hemmati_far@yahoo.com

Contact Number: +98 912 423 6744

Workplace: Assistant Professor Ilam University Medical Sciences – School of Medicine I.R.IRAN

Academic Education

Place	Year	Degree of Education
Tehran University of Medical Sciences (TUMS)	1997	General Medicine
Tehran University of Medical Sciences (TUMS)	2009	Sport Medicine Specialist

Work Experience:

- Assistant Professor Ilam University Medical Sciences (2010 Until Now)
- Work in Private Office Medical Specialization (2010 Until Now)
- Teaching internal Disease physiopathology and physical examination (Semiology), (2010 Until Now)
- Head of the Clinical Skills Center ILUMS (2015-2020)
- Doctor of Iran's National Weightlifting Team (2009-2010)
- Head of Health Centre No.1, Abdanan Town, ILUMS (2002-2005)
- Emergency physician of Rasul e Akram(PBUH) Hospital, Abdanan town (2000-2002)

Research Activities and Articles:

- ID: <http://orcid.org/0000-0003-1487-0704>
 1. Prevalence of osteoporosis in postmenopausal women in Iran: A systematic review and meta-analysis - **Hemmati, F.**, Sarokhani, D., Sayehmiri, K., Motadayen, M. –Iranian Journal of Obstetrics, Gynecology and Infertility 2018
 2. Effects of complementary creatine monohydrate and physical training on inflammatory and endothelial dysfunction markers among heart failure patients - **Hemati, F.**, Rahmani, A., Asadollahi, K., Soleimannejad, K., Khalighi, Z. – Asian Journal of Sports Medicine 2016

3. Prevalence of one-year back pain in Iran: A systematic review and metaanalysis - Azizpour, Y., **Hemmati, F.**, Sayehmiri, K. –Iran Occupational Health 2014
4. The relationship between selenium levels and breast cancer: A systematic review and meta-analysis - Babaknejad, N., Sayehmiri, F., Sayehmiri, K., **Hemati, F.**, Alizadeh, S. – Biological Trace Element Research 2014
5. Prevalence of life-time back pain in Iran: A systematic review and meta-analysis - Azizpoor, Y., **Hemmati, F.**, Sayehmiri, K. – Scientific Journal of Kurdistan University of Medical Sciences 2013
6. Comparison of the incidence, nature and cause of injuries sustained on dirt field and artificial turf field by amateur football players - Kordi, R., **Hemmati, F.**, Heidarian, H., Ziaee, V. – Sports Medicine, Arthroscopy, Rehabilitation, Therapy and Technology 2011

Membership:

- The Iranian Society of Sport medicine Specialist
- The Iranian Medical System Organization
- The scientific committee of the Ilam university of medical sciences

Skills

- Per-participation Clinical screening and examination
- Physical and Rehabilitation Medicine
- Orthopedics and Traumatology
- Internal Medicine
- Clinical Practice and experience as a team physician
- Joint and soft tissue injection

Interests

- Football, Tennis
- Cinema, Music
- Travelling

Honours and awards

- The second rank in the written sport medicine board exam
- Soccer championship medals